

Effective Date: 01/10/2024

At BreathingHeal.com, we are committed to protecting your privacy and ensuring the security of your personal information. This Privacy Policy outlines how we collect, use, disclose, and safeguard your data when you visit our website and use our services.

1. Information We Collect

We may collect the following types of information when you interact with BreathingHeal.com:

Personal Information: Includes your name, email address, phone number, and other information you voluntarily provide when you sign up for our newsletter, register for an account, or contact us.

Non-Personal Information: Automatically collected information such as your IP address, browser type, operating system, referring URLs, and website usage data.

2. How We Use Your Information

We use the information we collect to:

- Provide, operate, and maintain our services
- Improve your experience on our website
- Send you newsletters and updates, if you've subscribed
- Respond to inquiries or customer service requests
- Analyze website traffic and trends
- Protect against fraud and unauthorized activities

3. Cookies and Tracking Technologies

We use cookies and similar tracking technologies to enhance your browsing experience. Cookies help us understand user behavior and improve our services. You can choose to disable cookies through your browser settings, but this may limit your ability to use certain features of our website.

4. Sharing Your Information

We do not sell, trade, or rent your personal information to third parties. However, we may share your information with trusted third-party service providers who assist us in operating our website, conducting our business, or servicing you, so long as those parties agree to keep this information confidential.

We may also disclose your information if required by law or if necessary to protect our rights, property, or the safety of others.

5. Third-Party Links

Our website may contain links to third-party websites. We are not responsible for the privacy practices of these websites, and we encourage you to review their privacy policies.

6. Data Security

We take reasonable measures to protect your personal information from unauthorized access, use, or disclosure. However, no data transmission over the internet or electronic storage is completely secure, and we cannot guarantee absolute security.

7. Your Choices

You can opt out of receiving marketing communications from us by following the unsubscribe instructions provided in any email you receive from us. You may also request access to, correction of, or deletion of your personal data by contacting us at [insert contact information].

8. Children's Privacy

BreathingHeal.com does not knowingly collect personal information from children under the age of 13. If we become aware that we have collected personal information from a child without parental consent, we will take steps to remove that information.

9. Changes to This Privacy Policy

We may update this Privacy Policy from time to time. Any changes will be posted on this page with an updated effective date. We encourage you to review this Privacy Policy periodically to stay informed about how we are protecting your information.

10. Contact Us

If you have any questions about this Privacy Policy or our data practices, please contact us at:

BreathingHeal.com

48 Email: support@BreathingHeal.com

49 Address: 201 Cypress Lane West, Westbury, New York 11590